

Directory

[Useful Web sites](#)

[Useful Phone Numbers](#)

[Glossary](#)

CONCLUSION

Exciting and rewarding times, lifelong friendships, and a few challenges lie ahead of you as you and your Family live and grow with the Army. Together, as a Family team, you can make the most of your Army life by taking advantage of the many resources and opportunities discussed in this publication. There are a tremendous number of things out there for you, and taken together, they show in part that the Army is committed to its most important valuable assets: Soldiers and Families.



U.S. ARMY

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Useful Web sites

Directory

Glossary

Useful Phone Numbers

American Red Cross
www.redcross.org/services
Select Military Members & Families

Army and Air Force Exchange Service (AAFES)
www.aafes.com

Army Civilian Personnel Online
www.cpol.army.mil

Army Community Service
www.myarmylifetoo.com

Army Emergency Relief (AER)
www.aerhq.org

Army Family Action Plan (AFAP)
www.myarmylifetoo.com
Select > Getting Involved

Army Family Team Building (AFTB)
www.myarmylifetoo.com
Select > Getting Involved
> Then AFAP
> Then AFTB

Army Future Soldiers Training Program
www.futuresoldiers.com

Army Human Resources Command
www.hrc.army.mil

Army Knowledge Online
www.army.mil/ako/

Army Morale, Welfare, and Recreation
www.armymwr.com

Army National Guard
www.arnng.army.mil

Army Reserve Family Programs
www.arfp.org

Army Staff Judge Advocate
www.jagcnet.army.mil/legal

Defense Finance and Accounting Service (DFAS)
www.dfas.mil

Defense Finance and Accounting Service (DFAS)
(LES Explanation)
<http://www.dfas.mil/army2.html>

Defense Manpower Data Center (ID Card Site Locator)
www.dmdc.osd.mil/rs/

Department of Defense (DoD)
www.defenselink.mil

Exceptional Family Member Program
www.myarmylifetoo.com

Family Advocacy Program
www.myarmylifetoo.com
Select > Home & Family Life
Then > Family Advocacy

Family Readiness Group (FRG)
www.armyfrg.org
Also includes virtual FRG's

Legal Assistance
www.jagcnet.army.mil/legal

Life Insurance Program
www.insurance.va.gov

Military Assistance Program
www.defenselink.mil/mapsite/

Military Home Front
www.militaryhomefront.dod.mil

Military OneSource
www.militaryonesource.com

Military Pay
www.dfas.mil/army2.html

Military Teens on the Move (MTOM)
www.defenselink.mil/mtom/

My Army Life, Too
www.myarmylifetoo.com

My Pay
<https://mypay.dfas.mil>

Red Cross
www.redcross.org/services

Relocation Readiness Program
www.militaryhomefront.dod.mil

TRICARE
www.tricare.mil

TRICARE Dental
www.tricaredentalprogram.com



ARMY STRONG.

Useful Phone Numbers

[Directory](#)

[Useful Web sites](#)

[Glossary](#)

USEFUL PHONE #'s

American Red Cross
1-877-272-7337

Armed Forces Emergency Service Center
1-877-272-7337

Army and Air Force Exchange Service (AAFES)
214-312-2011

Army Emergency Relief (AER)
866-878-6378

Army Staff Judge Advocate
703-588-2560

Military OneSource
1-800-342-9647

TRICARE 1-888-DOD-LIFE
1-888-363-5433

TRICARE DENTAL
1-800-866-8499



ARMY STRONG.



Glossary

[Directory](#)

[Useful Web sites](#)

[Useful Phone Numbers](#)

[Glossary](#) ▶

GLOSSARY OF ARMY TERMS AND ABBREVIATIONS

The military has had its own special language for as long as anyone can remember. Acronyms are used as a fast and convenient way of conveying information. Terms are usually specific to the Army and, through the years, have become part of the Army culture. Today, this language provides a quick and easy way to communicate. But it takes some getting used to when people refer to the Family car as a “POV.” The following list explains some common acronyms used by the Army.

1SG – FIRST SERGEANT

The ranking enlisted Soldier in a company.

AAFES - ARMY AND AIR FORCE EXCHANGE SERVICE

Part of the military retail store system. Includes the Post Exchange or PX.

AC – ACTIVE COMPONENT

Organizations in the military that are on continuous active duty as opposed to the Reserve Components, which are usually on active duty only during training.

ACS – ARMY COMMUNITY SERVICE

An organization usually found on Army posts that provides various services to Soldiers and their Families.

ACU – ARMY COMBAT UNIFORM

Current uniform worn by the Army. It is the successor of the BDU (Battle Dress Uniform) and the DCU (Desert Camouflage Uniform).

AER – ARMY EMERGENCY RELIEF

A program that can provide limited financial assistance through loans or grants to qualifying individuals during times of emergency.

AFTB – ARMY FAMILY TEAM BUILDING

A program, usually run by volunteers, that helps educate Family members about the Army. Online training is also available.

AIT – ADVANCED INDIVIDUAL TRAINING

Training given to Soldiers, usually immediately following Basic Combat Training, that teaches them and qualifies them in a particular skill or occupational specialty (see MOS).

AWOL – ABSENT WITHOUT LEAVE

The unapproved absence from the normal place of duty.

BAH – BASIC ALLOWANCE FOR HOUSING

Monies paid to Soldiers to help defray some of the costs of housing when the individual does not live in government provided housing.

BARRACKS – LIVING AREAS OR DORMITORIES

Where Soldiers who are not accompanied by Family members live.

BAS – BASIC ALLOWANCE FOR SUBSISTENCE

Money paid to Soldiers to help defray the cost of purchasing food when they are not required to eat in a government provided dining facility.



Glossary

[Directory](#)

[Useful Web sites](#)

[Useful Phone Numbers](#)

[Glossary](#) ▶

GLOSSARY OF ARMY TERMS AND ABBREVIATIONS

BCT – BASIC COMBAT TRAINING

Training given to new enlisted Soldiers to give them basic knowledge of the Army and teach them basic Soldier skills.

BN – BATTALION

A military organization usually exercising command and control of subordinate companies.

CDC – CHILD DEVELOPMENT CENTER

A location that provides full, part-time, and hourly care for children from six weeks old to five years old.

CDR – COMMANDER

The boss and person who is responsible for everything that does or does not happen within an organization.

CG – COMMANDING GENERAL

The general officer in charge of an organization.

CHAIN OF COMMAND

A unit's leadership. These are the people who are in charge and other leaders, or who works for whom. The term is used to describe the level of leaders going in either direction, from the highest level leader down to the lowest or from the lowest up to the highest.

CHAIN OF CONCERN

Spouse equivalent of chain of command.

CO – COMMANDING OFFICER OR COMPANY

The officer in charge of an organization or an abbreviation for "company" that refers to the designation of a unit created to provide command and control over a group of people (often made up of several subordinate platoons).

COMMISSARY

Grocery stores found on military installations.

CONUS – CONTINENTAL UNITED STATES

A location inside the 48 contiguous United States.

CYS – CHILD AND YOUTH SERVICES

Army programs that provide comprehensive child and youth programs for infants through 12th grade.

DA – DEPARTMENT OF THE ARMY

Sometimes refers to the entire Army organization, and sometimes used to refer to just the Headquarters Army staff who work in the Pentagon.



Glossary

[Directory](#)

[Useful Web sites](#)

[Useful Phone Numbers](#)

[Glossary](#) ▶

GLOSSARY OF ARMY TERMS AND ABBREVIATIONS

DEERS – DEFENSE ENROLLMENT ELIGIBILITY REPORTING SYSTEM

Computer database for tracking information about Soldiers and Family members and their eligibility for access to services and benefits.

DEPENDENT – FAMILY MEMBER

Someone who is recognized by the Army as being a member of the immediate Family of a Soldier.

DFAS – DEFENSE FINANCE AND ACCOUNTING SERVICE

The payroll arm for Department of Defense.

DOD – DEPARTMENT OF DEFENSE

The branch of government responsible for all of the armed services.

EFMP – EXCEPTIONAL FAMILY MEMBER PROGRAM

A program that works with various agencies to provide services to Family members with special needs.

ETS – END TOUR OF SERVICE

The date when the Soldier's contractual obligation for duty will be complete, and the Soldier can separate from the Army.

FRG – FAMILY READINESS GROUP

A group of people within a unit/organization who volunteer to provide Soldiers and Families support. The FRG helps information flow among its members, the chain of command, and participating community activities.

FTX – FIELD TRAINING EXERCISE

A training event held in a field environment.

ID CARD – IDENTIFICATION CARD

A card issued by Department of Defense that is used for personal identification and for access to programs and benefits.

IET – INITIAL ENTRY TRAINING

The first formal training a soldier receives including Basic Combat Training (BCT) and the follow-on Advanced Individual Training (AIT) course.

MESS HALL – MILITARY DINING FACILITY

A large military cafeteria.

MOS – MILITARY OCCUPATIONAL SPECIALTY

A job classification, skill, or trade. Each as an alphanumeric representation and a title. For example, 11B is the MOS for an Infantryman.

MP – MILITARY POLICE

The Army's police force.



Glossary

[Directory](#)

[Useful Web sites](#)

[Useful Phone Numbers](#)

[Glossary](#) ▶

GLOSSARY OF ARMY TERMS AND ABBREVIATIONS

MRE – MEAL, READY TO EAT

These are complete, packaged meals that are usually provided to Soldiers in an operational (field) environment.

MTF – MILITARY TREATMENT FACILITY

A health care facility, such as a clinic or hospital.

MWR – MORALE, WELFARE, AND RECREATION

Programs and activities that provide support to Soldiers and their Family members through such things as physical fitness facilities, libraries, unit level sports programs, youth activities, child development programs, arts and crafts skill development, outdoor recreation and golf courses, bowling lanes, and clubs.

NCO – NONCOMMISSIONED OFFICER

An enlisted person who has been promoted to the rank of corporal or sergeant and above.

OCONUS – OUTSIDE CONUS

A duty assignment outside the Continental United States.

PCS – PERMANENT CHANGE OF STATION

The physical move from one duty location to another.

POV – PRIVATELY OWNED VEHICLE

Automobile.

PX – POST EXCHANGE

The retail stores run by the Army and Air Force Exchange Service.

QUARTERS – HOUSING

Place of residence of military personnel and their Family members.

SOP – STANDING (OR STANDARD) OPERATING PROCEDURE

A set of instructions for handling a particular situation or process – the normal way of doing business.

TA-50 – COMMON TABLE OF ALLOWANCE #50

The list of special clothing and equipment used by Soldiers when operating in the field; includes things like pistol belts, helmets, rucksacks, canteens, etc.

TDY – TEMPORARY DUTY

Duty performed at some location other than the permanently assigned location. A single TDY trip is usually limited to 179 days or less.



Glossary

[Directory](#)

[Useful Web sites](#)

[Useful Phone Numbers](#)

[Glossary](#)

GLOSSARY OF ARMY TERMS AND ABBREVIATIONS

TRICARE – TRI-SERVICE MEDICAL CARE

The DOD medical and dental entitlement program for people in uniform and their Families.

UCMJ – UNIFORM CODE OF MILITARY JUSTICE

Uniform Code of Military Justice (UCMJ) is the military's set of laws. Like a civilian penal code, the UCMJ (1) defines crimes and lesser offenses recognized under military law and the boundaries of punishment for each offense, (2) provides the right of defense for the Soldier, and (3) provides for the manner under which each offense is brought before a commander-or tried before a judge or panel (jury).

